## Evolutionize Your Life

PSWIRL 2011 theme by

Rev. Michael Dowd and Connie Barlow

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## **ABOUT OUR SPEAKERS...**

Since April 2002, Michael and Connie have lived entirely on the road, delivering talks for nearly 400 Unitarian Universalist congregations, summer camps, and minister retreats, as well as for other religious and secular groups.

Their work was featured as the cover story of our national membership magazine, *UU World*, in the spring of 2006. They've also been featured in *The New York Times, LA Times, Washington Post*, and *Discover Magazine*.

CONNIE is the author of 4 popular science books that bridge evolution and meaning. Her 2001 book, *The Ghosts of Evolution*, was an Amazon.com top-recommended science book. Her 1997 book, *Green Space Green Time*, was excerpted as the cover story of the December 1997 issue of *UU World* and also in *The Humanist*.

MICHAEL is the author of *Thank God for Evolution*, which has been endorsed by 6 Nobel laureates and other science luminaries, included noted skeptics, and by religious leaders across the spectrum. His work as an outspoken "evolutionary evangelist" has been highlighted in interviews on national news media, including CNN and ABC News.

Together they have launched three podcast series:

"America's Evolutionary Evangelists", "Inspiring Naturalism", and "Evolving Faith"

## Read online . . .

- Connie's article "The Way of Science and the Epic of Evolution" in UU World
- Michael's <u>Thank God for Evolution</u> book site and blog
- <u>"Welcome to the Ecozoic Era"</u> 2006 *UU World* report on their work
- Annotated list of <u>Connie's online text, audios, and videos</u>
- Annotated list of Michael's online text, audios, and videos
- Michael's personal website: MichaelDowd.org
- Connie's educational website: TheGreatStory.org

## 4-Day Program, "Evolutionize Your Life" . . .

All efforts toward personal transformation or spiritual attunement can, in a practical sense, be regarded as striving for improvements in how we individually and collectively engage with the world. "Right relationship with reality" at all nested levels (from the cosmic to the planetary, societal, ecological, community, family, individual, and interior) is thus one way to approach such efforts.

Over the course of 4 days, we (Connie and Michael) will draw upon **humanity's best evidential understandings drawn from science**, **scholarship**, **and cross-cultural experience** in exploring possibilities for more accurate and empowered fits in how we as individuals, couples, and larger collectives actually do engage with the world. Notably, by cultivating what we like to call "deep-time eyes", we can easily access the emotional benefits of **gratitude**, **trust**, **and inspiration** — even in the contexts of seemingly intractable problems or when revisiting past hurts and resentments that have not been put to rest.

**Topics:** Content over the course of the 4 days will include:

- Evolutionize Your Faith and Spiritual Practice: Living Mythically
- Evolutionize Your Love Life: Right Relationship to Romance and Partnership
- Evolutionize Your Pleasures: Right Relationship to Your Dopamine Receptors
- Evolutionize Your Legacy: Right Relationship to Your Life, Death, and Memory

Note: You can sample a summary of all these topics in the online version of Michael's introductory multi-media program, "Evolutionize Your Life," available at:

http://thegreatstory.org/evolutionize-video.html

**Modes:** Michael and Connie enrich their on-stage speaking with illustrated slides, short content videos, and sing-along music videos. Participation will be encouraged through Q&A and small-group discussion.



